

Meet Beverly

Since 2003, Beverly Lenz has been developing and using belief change techniques, which have led her to formulate Belief Change Systems. Utilizing her own unique methods, she has become a transformational expert by helping others master their mindset at a cellular level quickly and easily, revealing their potential in business and life. Beverly teaches her life-changing methods through seminars and workshops and is a licensed provider by the state of California for continuing education credits for medical professionals.

Beverly has been a Registered Nurse for over 25 years, with a bachelor of science degree in nursing from California State University at Los Angeles and a master of science degree in management from LaVerne University (Cal Poly).

Beverly has an extensive background in psychology with several years of being employed in psychological settings from psychiatric facilities to rehabilitation units. She has training in crisis intervention, teaching suicide awareness in high school and middle school. She has been part of a child and adolescent program called Griefbusters which helps children and their families cope with grief and loss, at home and in the schools. She has extensive counseling skills utilized in group settings with families and couples, as well as one-on-one interaction. Her unparalleled process helps release post-traumatic stress disorder effortlessly.

Beverly also has a comprehensive background in business and management, having had two successful businesses (including BCS) which she has owned and operated, with extensive international travel. She has a broad background in hospital administration and has managed staff of over 1,000.

Beverly develops programs and implements employee education for individual empowerment, team building, increasing productivity, enhancing sales, and preparing businesses for change.

She has helped individuals and businesses become more productive, prosperous and empowered, as well as happier and healthier.

Beverly is happily married, with a step-daughter and three grandchildren and 2 territorial cats. Beverly enjoys travel, playing tennis and golf, cooking and entertaining.