

# Energy Balancing Seminar

## CPR for Your Soul

Suddenly feeling off balance, unsettled or moody? Learn to balance your feelings and emotions. In this workshop I'll show you how you can do it with yourself and others. You can change negative emotions into positive ones by using energy directed to specific locations on your body. The effects are immediate and profound. In this seminar, you can learn to do the following:

- Learn to change your feelings instantly from negative to positive as it's happening
- Be in charge of your own emotions
- Create the "feel good" energy that attracts what you want to create in your life, not what you fear
- Learn to muscle test yourself and balance energy points when you are feeling off
- Bring an instant lift in your mood and in your life
- Release energy that does not belong to you (misqualified energy)
- Put up an energetic shield to prevent the attraction of unwanted energy
- Balance mood swings from PMS, menopause and hormonal shifts
- Prevent cravings around addictions
- Release intensity from integration of a belief change session

To Sign up please call Beverly Lenz @ 760-345-0347 or email me.

When:

April 9, 2012

Time:

10 AM to 4:30 PM

(available until 5 PM for additional questions)

Where:

Palm Desert, California

Cost:

\$225 (Early Bird \$200 until January 10th) includes manual, refreshments, and laminated wallet card

Only \$175 each, when you bring a friend

[Register Online Here](#)

What people are saying about the CPR for Your Soul class from Beverly:

"A highly profession, stimulating, powerful and fun presentation. I use this energy process almost daily and experience immediate relief. Everyday can be a good day!"

Leslie, Palm Springs, CA

"Outstanding content and delivery with superb organization.

I enjoyed Beverly's attention to details and the privilege of learning this sacred information."

Donna, Los Angeles, CA